



## CLEANTECH SPRING 2007 NEWSLETTER

*"We can scare ourselves or inspire ourselves . . . We are the architects of our own attitudes and experiences. We design the world by the way we choose to see it."*

*- Barry Neil Kaufman*

***Our mission is to provide consistent service and support through innovative cleaning methods***

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### Useful tips:

- Keep paint handy for those touch-ups by storing in an old plastic detergent bottle
- A few sticks of chalk in your silverware drawer will help prevent tarnishing
- Coffee filters are great for cleaning eyeglasses
- Cut yourself shaving? Dab on a little Chap Stick to stop the bleeding
- A quick squirt of furniture polish will quiet that squeaky door
- Plastic film canisters are great for storing little things like quarters, jewelry, stamps, sewing needles or little keys for your suitcase

Did you know that every ton of 100% recycled paper saves an estimated 4,100 kilowatt-hours of energy, 7,000 gallons of water and 60 pounds of air pollutants? If all paper towels were made with 100% recycled materials, approximately 1 million tons of used paper would be kept out of our waste stream. If recycled materials were not used to manufacture bathroom tissue, 3.5 tons of virgin wood would be needed in order to manufacture 1 ton of bathroom tissue.

### Is your company "green" yet?

A recent study has uncovered that buildings implementing green practices do not incur any cost increase, and that the costs for green improvements pay for themselves in 3 years. Savings are realized from energy savings of 30%, water consumption savings from 30% to 50% and reduction of costs associated to waste ranging between 50% and 97%. Benefits for the users are reduction of absenteeism, better employee morale, increase in productivity, and easier employee recruiting.

At Cleantech, we offer the **Green Seal Program**. With this program we can set you up with recycled paper and garbage bags as well as clean with environmentally and user friendly chemicals.

To remove spots from carpets, including Kool-Aid, Red Wine or Mud:

- Blot up moisture with clean towel – never rub
- Scrape up any solids
- Pour a generous amount of **club soda** on the spill – blot up all moisture once again
- Continue to pour and absorb the club soda until all color from the stain has been blotted up
- Follow up with a good carpet stain remover if needed

***Remember, never rub, blot only!***

Cleantech has a new web site.

Check out our new look at [www.cleantechjanitorial.com](http://www.cleantechjanitorial.com)

How to get a healthier workplace in 4 easy steps:

1. Have instant hand sanitizers available
2. Disinfect frequently touched surfaces
3. Promote good hand hygiene practices
4. Install a no touch towel dispenser



It's that time again for power washing and window cleaning. Contact Cleantech's sister company, International Building Maintenance at 604-244-3900 to schedule this. Check IBM's web site at [www.internationalbuildingmaintenance.com](http://www.internationalbuildingmaintenance.com)